

Department of Social Work

JUNE, 2022

Observation of Environment Day

As part of environment day, DREAM Project, Breads Don Bosco, NGO presented a Star Gooseberry plant to Department of Social Work on 5th June 2022 which was handed over to Sr. Dr. Meena Cheruvathur, Vice Principal and Assistant Professor, Department of Botany. The Star Gooseberry is planted in Sports academy ground, Cheroor.19 students and 3 staff were participated.



Observation of World day against drug abuse and illicit trafficking

As part of International day against drug abuse and Illicit trafficking, Department of Social Work organized a campaign and an awareness class at Manalur panchayath on 28th June 2022 in collaboration with DREAM project, Breads Don Bosco, Thrissur and Excise range Vimukthi Mission, Anthikkad. Second semester BSW students performed a Flashmob at Kanjani bus stand premises and distributed brochures on prevention of drug abuse. Ms. Hyma K M was staff in charge and 20 students participated in the same.



AUGUST 2022

Conducted a class on Prevention of Drug Abuse

The students (Three students –III BSW) of Department of Social Work conducted a class on ‘Prevention of Drug Abuse’ at Kechery Anganwadi (ICDS – Chowannur Block) on 4th August 2022. About 42 adolescents were participated in the class. The class covered the areas like signs, risk factors and effects of substance use. The session started with an ice breaking session followed by specific areas of drug abuse with charts, posters and flash cards. The interaction session came to an end with clarification of doubts.



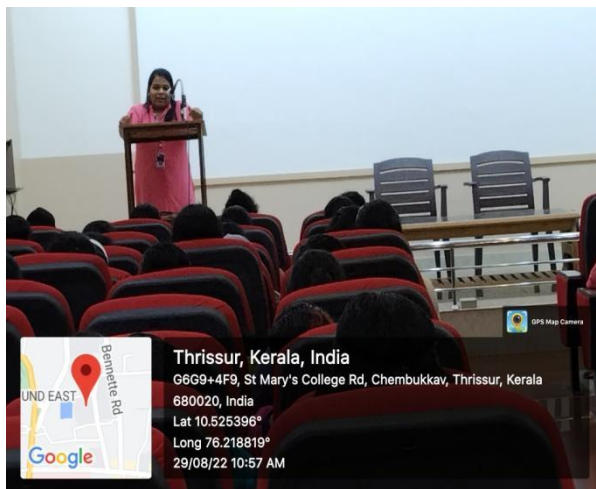
Conducted survey on Extreme Poverty Eradication

Department of Social Work in collaboration with Kolazhy GramPanchayath conducted a survey on 24th August 2022 for finding extreme poverty families or impoverished families. First they got a training session and the questionnaire was analysed. Data were collected directly from the families. 30 students were participated in the survey and collected data from 12 wards. The analysis, Interpretation and presentation of survey results were also done by the students.



A talk on Women Empowerment and Prevention of Atrocities

Department of Social Work conducted a talk on ‘Women Empowerment and Prevention of Atrocities’ in collaboration with Sakhi One Stop Center, Irinjalakuda, a component of the umbrella scheme for the National Mission for Empowerment of Women that also encompasses the Indira Gandhi Matritva Sahayog Yojana. The programme was held on 29th August 2022 at 10.am. The session was handled by Ms. Sreelakshmi, Counsellor, Sakhi One Stop Center, Irinjalakuda focused on the areas like domestic violence, rape, sexual offences, acid attack, legislations for women etc..



Conducted an Awareness class on Sustainable Environment

The students (Three students –III BSW) of the Department of Social Work conducted a class on ‘Sustainable Environment’ at Kechery Anganwadi (ICDS – Chowannur Block) on 4th August 2022. About 42 adolescents participated in the class. The class covered areas like ecosystems, deforestation, pollution, global warming, health, hygiene, etc. The session started with an ice breaking session followed by specific areas of sustainable environment with charts, posters and flashcards and also with paper bag making sessions. The interaction session came to an end with clarification of doubts.



SEPTEMBER 2022

Exposure and field visit for Problem Identification (Tribal Visit)

Department of Social Work, St. Mary's College, Thrissur, Kerala organized a visit to tribal areas in order to learn a tribal setting, to know socio demographic features and to organize different activities in collaboration with ITDP (Integrated Tribal development Project, Chalakudy, Kerala), DFO (District Forest Office, Thrissur, Kerala) and Forest Range Office, Vazhachal Division, Kerala on 1st September 2022. First they visited Pokalapara and conducted a small survey on socio demographic profile through home visit. They were able to interact with the people and understand the present conditions. They also took an awareness programme on Nutrition, as part of National Nutrition Week, to mothers who gather around in Anganwadi. After that, they visited Vazhachal, conducted survey and an awareness programme on Nutrition. Then they conducted an interaction session with children from Pokalapara and Vazhachal areas. The students conducted various activities for children to learn easily.



Street Play on Drug Abuse

Department of Social Work in association with Anti Narcotic Cell, St. Mary's College, Thrissur organized a street play on prevention of drug abuse on 30th September 2022 at college ground at 11.30 pm.15 BSW students were participated in the programme. The students were able to convey the message on drug addiction, magnitude of the problem and its prevention.



OCTOBER 2022

Observation of International day of older persons

Department of Social Work volunteered and participated in the observation of International day of older persons organized by Department of Social Justice, Ministry of Social Justice and Empowerment on 1st October 2022 at V K N Menon auditorium, Thrissur from 8.00 am to 4.00 pm. Elderly persons from various institutional setting were attended the programme. 20 Third year BSW students were performed Flashmob at various places and acted volunteer activities. The programme was inaugurated by Smt. R .Bindu, Hon 'Minister, Social Jusice were inaugurated the programme. The students were able to interact with elderly persons and enthusiastically participated in the programme.



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Observation of International day of Hospice and Palliative Care

World Hospice and Palliative Care Day is an annual unified day of action to celebrate and support hospice and palliative care around the world. With one voice, they will celebrate the importance of palliative care to quality of life, and advocate for equitable access for all. As part of International day of Hospice and Palliative Care, Department of Social Work participated in the Walkathon organized by Alpha pain and palliative care, Thrissur on 11th October at 9.00 am. 31 second year BSW students were participated in Walkathon and competitions.



One day Conference on ‘Youth Empowerment, Paradigms and Perspectives’

One day Conference on ‘Youth Empowerment, Paradigms and Perspectives’ was organized by KESS Bhavan on 15th October 2022 at Amala Institute of Medical Science, Thrissur at 9.00 am. The conference was inaugurated by Sri. T N Prathapan, Member of Parliament, Thrissur Constituency. Sri.P K Sanu, Joint Excise Commissioner, Central Region Kerala has made a key note address. The conference themes were Challenges faced by youth, youth developmental models and opportunities for youth schemes and services. Different sessions on the topic were handled by experts in respective field and students presented their paper. 46 BSW students were

participated in the conference. Ms. Stephy Francis was acted as Panelist of paper presentation session. The students were able to interact with various sessions and update the knowledge on the particular topic.



Interdepartmental Lecture Series

Department of Social Work in collaboration with Department of Sociology conducted lecture series for the students of Department of Economics and History on 31st October 2022. Ms. Stephy Francis and Ms. Hyma K M of Department of Social Work took a class on 'Dowry System in India and Dowry Prohibition Act, 1961'. The topic covered the areas such as Definition, characteristic features, Social issue context and features of Dowry Prohibition Act. The study materials were provided to the students. An interaction session was made for students and clarified their doubts.



NOVEMBER 2022

Association Inauguration- 2022-23

The association Inauguration of academic year 2022-23 of Department of Social Work was held on 7th November 2022, in Chavara Hall at 1.30 – 4.00 pm. The programme was inaugurated by Smt. Seema Sunny, HOD, Department of Social Work, St.Thomas' College (Autonomus), Thirissur. About 140 students were participated. IIIrd year BSW students performed cultural activities. After the inauguration a workshop on 'Research Methodology' was held for third year BSW students (50 students).The session covered covered the areas such as Statement of the problem, Hypothesis, Review of literature, Objectives, Universe and Sample, Tool of data collection, Data analysis and interpretation etc. and practical sessions.



Diabetes Screening Camp

Department of Social Work in collaboration with General Hospital, Thrissur organized a Diabetes Screening Camp on 17th November 2022 at Jubilee Hall (11.00-1.30 pm). The programme was inaugurated by Dr. Rahul U R, District Programme Manager, Arogyakeralam (National Health Mission), Thrissur. After the inaugural function, the screening camp was held among 100 students and analysis and interpretations were made. The free consultation of Doctor and Dietician was also given. Dr. Sheethal John, Asst. Surgeon, Life Style Disease Clinic, Thrissur took an awareness class diabetes, severity, detection, prevention, causes etc.



Ujjeevanam Data Collection

Department of Social Work in association with Nirmala Social Centre, Kolazhy conducted a data collection on 'an evaluation of KAIROSE (Self Help Groups) Performance' from 22nd November to 27th November 2023. An orientation session was given by Dr. Sr. Mariette Therattil, CMC Educational Councillor. Second year BSW students were participated. The students were placed in different localities in Thrissur area and collected data for the same.



Awareness Programme on

Maintenance and Welfare of Parents and Senior Citizens Act-2007

Department of Social Work in collaboration with Department of Social Justice and Maintenance Tribunal, Thrissur organized an awareness programme on “Maintenance and Welfare of Parents and Senior Citizens Act-2007” on 23rd November 2022 at Jubilee Hall (9.00-11.30 am).The programme was inaugurated by Muhammed Shafique IAS, Hon.Sub Collector, Thrissur and motivated the students. After the inaugural function, the Resource person - Smt.Bini Sebastian, Technical Assistant to Revenue Divisional Office(RDO), Thrissur Sub division, Department of Social Justice, Thrissur took an awareness class on “Maintenance and Welfare of Parents and Senior Citizens Act-2007”-Role of college students.



Observation Visit to Pope Paul Mercy Home and Peace Home, Athani

Department of Social Work conducted an observation visit to Pope Paul Mercy Home and Peace Home, Peringandoor, Thrissur on 30th November 2022, Wednesday at 9:30 AM to 3:00 PM. 46 second year students along with one faculty member participated in the visit. The Society of Nirmala Dasi Sisters plays an important role in providing day-to-day care to the inmates. Pratyasha Bhavan is a vocational training center for differently abled persons above 35 years of age under Pope Paul Mercy Home. Here, training is given in stitching, printing, cover making, fabric painting, flower making etc. A teacher training center in special education is also

functioning under Pope Paul Mercy Home. Other facilities of Mercy Home include Psychotherapy, Speech Therapy, Behaviour Modification Therapy, Yoga etc.



DECEMBER 2022

Slogan Writing and Quiz Competition

As part of World AIDS Day (December 1), Department of Social Work in collaboration with BeFore Suraksha TG Project, Thrissur conducted an interdepartmental Slogan Writing and Quiz competition for students on 1st December 2022 at 2.00 pm in Room No.315 and 316. The theme for the competition was related to address the inequalities which are holding back progress in ending AIDS. Smt. Akshaya K Jayan, Project Coordinator, Suraksha TG Project, Thrissur and Smt. Sreelaksmi Babu, Monitoring and Evaluation Accountant, Suraksha TG Project, Thrissur were attended. About students from various departments were participated.



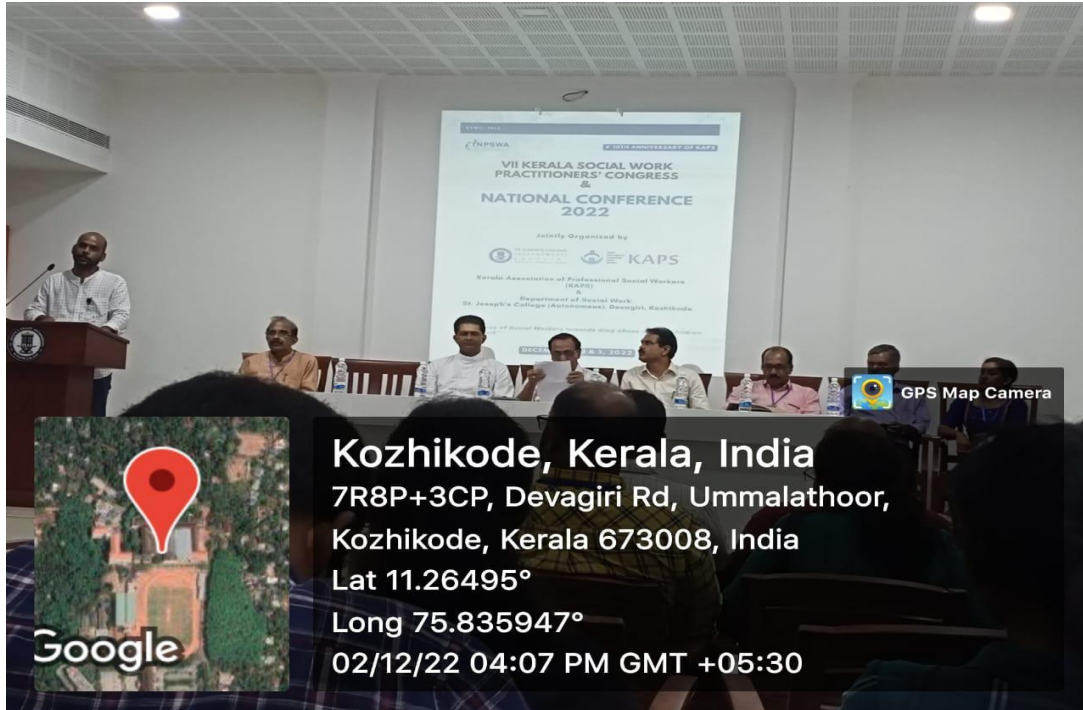
Awareness Class on HIV – AIDS

As part of World AIDS Day, Department of Social Work in collaboration with Athma My Mind MY Care, Thrissur organized an awareness class on HIV – AIDS on 2nd December 2022 at IInd Floor, KESS Bhavan, Thrissur. Dr. Smijo Sebastian, Vice Chairman, Athma My Mind My Care, Thrissur handled the session. The session covered the origin, transmission, prevention, testing, stigma etc. About 32 I Semester BSW students were participated in the session. They were able to clarify their doubts about multi dimensional aspects of HIV – AIDS.



Attended VII Kerala Social work Practitioners' Congress

Department of Social Work attended VII Kerala Social work Practitioners' Congress and National Conference, 2022 jointly organized by Kerala Association of Professional Social Workers (KAPS) and Department of Social Work, St. Joseph's College, Devagiri, Kozhikode on 2nd, 3rd and 5th December 2022 in St. Joseph's College, Devagiri, Kozhikode. Ms. Athira Biju and Ms. Arya, 1st Semester students attended the congress. The theme of the congress was "Response of Social workers towards drug abuse among children and youth".



Observation Visits

As part of the curriculum, Department of Social Work organized observation visits for First year BSW students to St. Christina's Home and Childline, Pullazhy and St. Joseph's Mental health Home, Pullazhy on 6th December 2022 at 9.00 am to 4.00 pm. St. Christina's home is a shelter for every unmarried mothers and homeless children. Established by late Mar Joseph Kundukulam former Archbishop of Trichur Archdiocese driven by the sisters of Nirmaladasi aided by the Govt of Kerala. CHILDLINE is a national 24 hour free emergency telephone helpline & outreach service for children in need of care & protection. It comes under Ministry of Women & Child development.



Field Work Supervision – Intercollegiate Collaboration & MOU activity

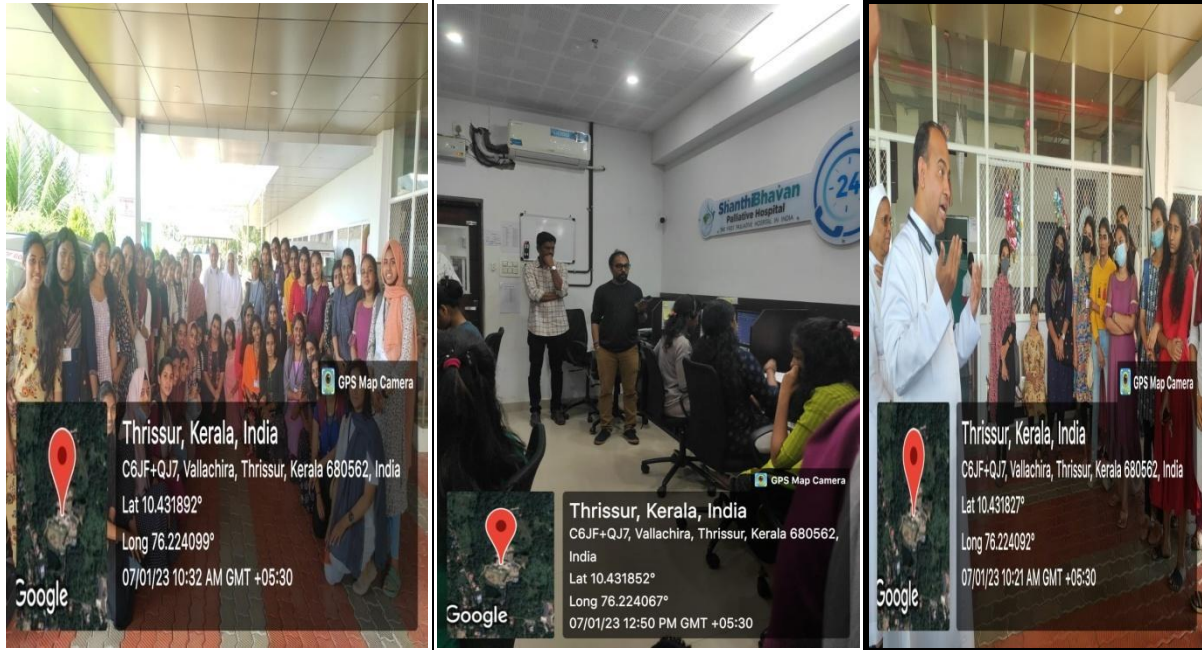
Department of Social Work, St.Mary's College, Thrissur and Rajagiri College of Social Sciences, Kalamassery jointly organized 'Fieldwork Supervision' to IIIrd year BSW students (Asisha Sheethal, Aparna Sudheesh, Shobika K R, Sthuthi N and Keerthi Anand) as part of their Sixth Semester Agency based Block Placement at Rajagiri Outreach, Kalamassery on 22nd December 2022, Thursday at 2.00 pm to 4.00 pm. The fieldwork supervision was given by Dr. Nycil Romis Thomas, Assistant Professor, Programme Co-ordinator, BSW programme, RCSS, Kalamassery with the permission of Fr. Dr. M K Joseph CMI, HOD, Department of Social Work, RCSS, Kalamassery. Fieldwork supervision helped the students to work more effectively in fieldwork activities and develop future professional career.



JANUARY 2023

Observation visit to SanthiBhavan Palliative Hospital, Pallissery, Thrissur

Department of Social Work conducted an Observation Visit to SanthiBhavan Palliative Hospital, Pallissery, Thrissur on 7th January 2023, Saturday at 9.30 to 3.30 pm. Around 24 Second year and 21 Third year BSW students with two staff were visited. SanthiBhavan Palliative Hospital is the first hospital in India for the palliative bedridden patients without bill and a cash counter which is coming under Franciscan Sisters of St. Clare Charitable Trust. Mr. Jomit, Social worker welcomed the students and gave an orientation session about the institution. Rev. Fr. Dr. Joy Kuthoor, Chairman interacted with the students. They visited Patients in the hospital, Pharmacy, Nursing departments and other programmes, projects and new ventures. The students were able to interact with the various departments and clarified their doubts.



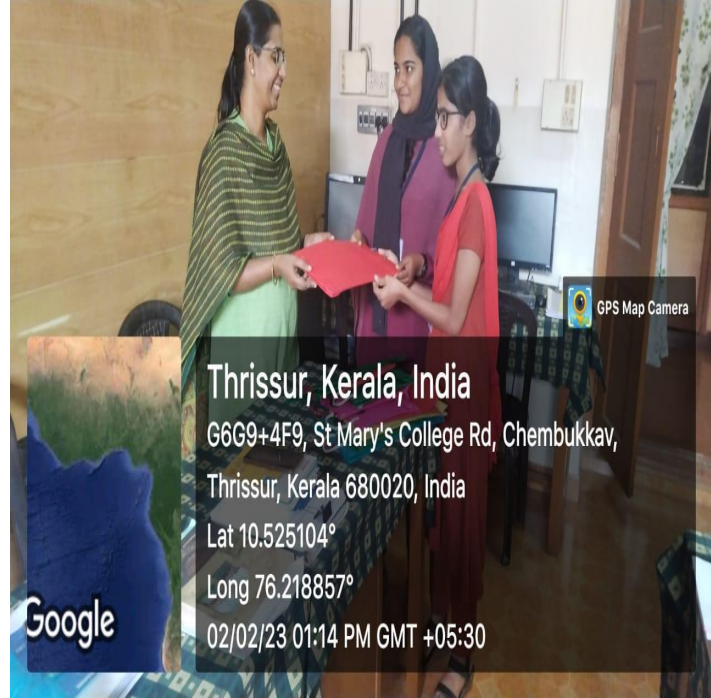
Sr. Rani George Endowment International Seminar on ‘Changing Faces of Global Feminity’ & Paper Presentation

Department of Social Work, St. Mary's college and Department of Economics, St. Marys College jointly organized the programme - Dr. Sr. Rani George Endowment International seminar on 10th January 2023 at Chavara Hall at 10am. Keynote address was given by Mr. Joris Geldhof (Ku Leuven, Belgium) on Feminine Spirituality from contemporary European Perspective. Students from different departments and faculties presented papers. Ms. Stephy Francis (HOD, Department of Social Work) presented paper on Intimate partner violence, Ms Hyma K M (Assistant Professor, Department of Social work) on Work Life balance of ASHA workers, Ms. Christy Jose (Assistant Professor, Department of Social Work) on Effectiveness of Kudumbashree loan scheme and Mr. Joshi Kurian (Assistant Professor, Department of Social Work) on Menstrual myths and problems of paniya tribal community.



Skill Development Programme- Entrepreneurship Development Programme - MGCNRE

Entrepreneurship education cultivates innovative talents, which are an important driving force for future development. At present, innovation-driven development strategies place new demands on entrepreneurship education. On this occasion, Department of social work conducted a half day workshop on paper carry bag making on 23rd January 2023. Ms. Stephy Francis and Ms,Hyma K M led the session and she trained the students, the way of making bags. Paper bags are gaining importance as these bags are 100% reusable, recyclable and biodegradable and at the same time environment. Students were set up paper carry bags and these carry bags were sold into the different department of the college and college common programmes.



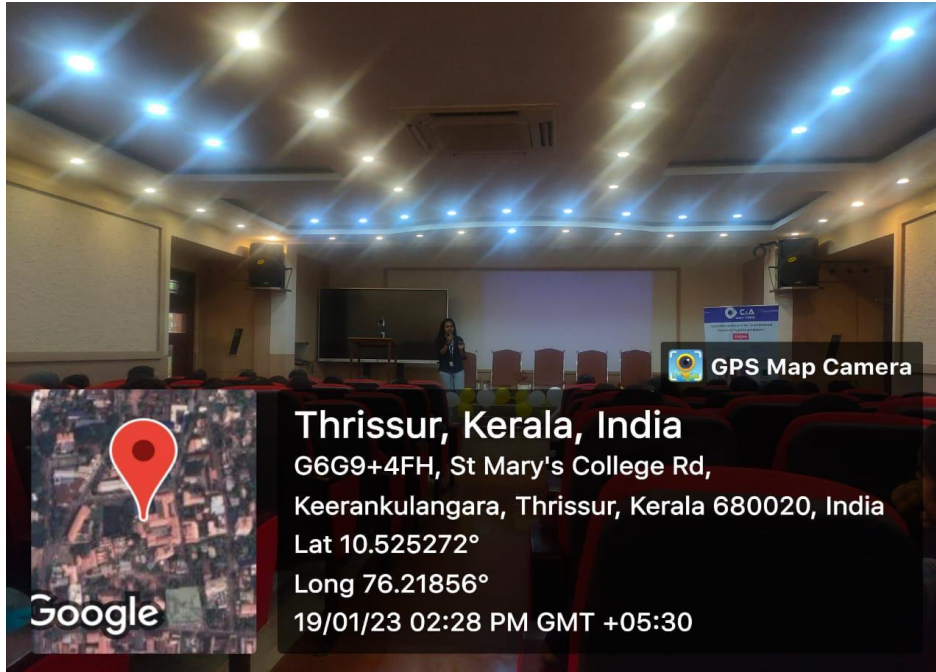
Observation Visit

Department of Social Work conducted an Observation Visit to GOVERNMENT OLD AGE HOME, RAMAVARMAPURAM Thrissur on 31st January 2023, Tuesday at 9.30 to 12.00 pm. Around 35 First students with one staff were visited. A shelter home is mainly for senior citizens government institution under department of social justice, Govt. of Kerala. The aim of the old age home is to provide shelter for senior citizens above 60 years old who need care and protection. Preference in admission is given to socially and economically privileged group



A talk on Menstrual Cup

A talk on Menstrual Cup was organized by Department of Social Work for BSW students on 19th January 2023 in Chavara Hall at 2.30 pm. The session was handled by Smt. Jesna P J, Sales Promoter, C & A Healthcare Pvtate Ltd. as part of company's Social work activities and services. The students were able to clarify their doubts on the misconceptions and practical use and shared the user's experiences.



FEBRUARY 2023

Convention on the Declaration of Rights –KAPS

In collaboration with Kerala Association of Professional Social Workers (KAPS), Thrissur chapter, Department of Social Work, St. Mary's College, Thrissur has organized the Convention on the Declaration of Rights on 9th February, 2023 in Chavara Hall, St. Marys College, Thrissur at 2:30 pm. The programme was inaugurated by Dr. M. P. Antony, President, KAPS, Kerala. Students from St. Mary's College, St. Thomas College, Vimala College, Chinmaya Mission College participated. Academicians and practitioners from different institutions attended the programme.



An international Conference on ESG and NetZero

An international Conference on ESG and NetZero was organized by ‘The Social Town’ a company which works towards creating a seamless network of tools for nonprofits, volunteers, funders, and other interested organisations to learn and participate in social development supported by Neem Software on 25th February 2023 and 26th February 2023 at 5.30 to 9.30 pm.. Department of Social Work of St. Mary’s College, Thrissur and Rajagiri College of Social Sciences were the institutional partners of the programme. The students of both colleges were actively joined and participated in the programme..



NABARD All India Rural Financial Inclusion Survey 2.0 (NAFIS-2.0)

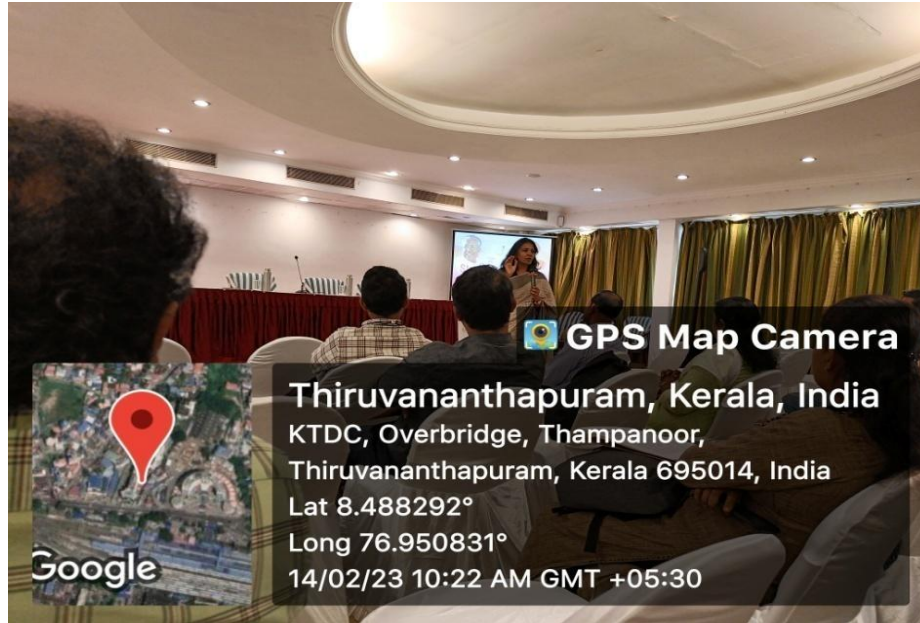
Financial inclusion being a recent initiative, NABARD decided to conduct a survey to deeply understand the penetration of various financial products and services. In view of this, NABARD launched a comprehensive survey titled ‘NABARD All India Rural Financial inclusion Survey’ (NAFIS) in 2016-17 with a wide coverage. As part of this NABARD NAFIS survey, Department of Social Work St. Mary’s college Thrissur associated with the centre for research on environment education and rural development. First year BSW students (36 students) have selected 13 villages in Thrissur district.

The survey has two parts, first one is to collect 300 household listing from each villages and the second level has detailed survey of 10 household from the previous part. Department has got training session for each session, Mr.Ajith K Field assistant has led the sessions and the students completed the survey 15 days.



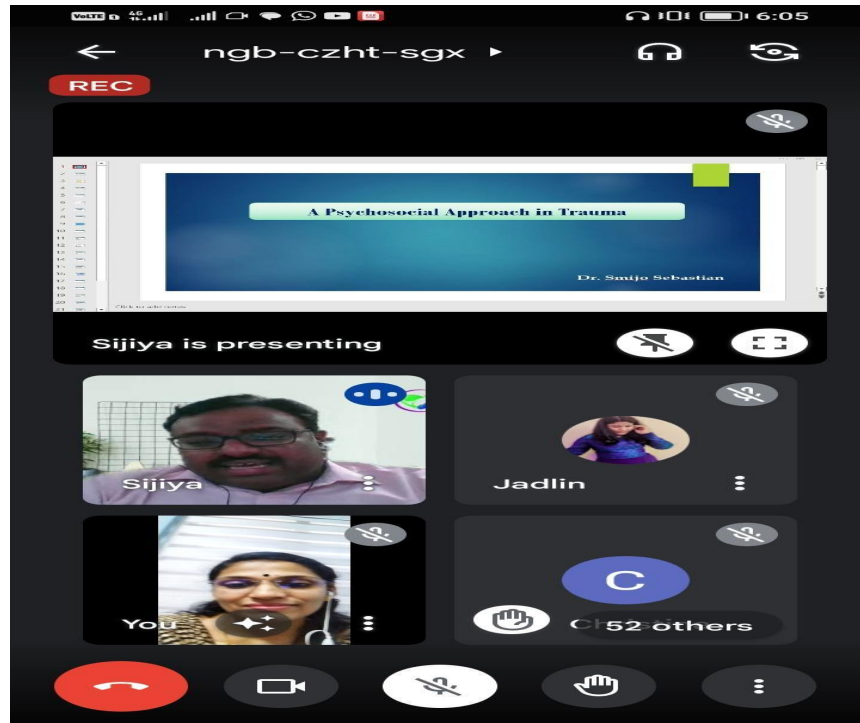
Training programme for Students for Society (SFS) Coordinators

The collegiate Education Department, Government of Kerala has organized one day training programme for Students for Society (SFS) Coordinators on 14th February 2023 in KTDC Chaithram, Trivandrum. Student for Society is an ambitious scheme to envisage equal opportunities and the creation of beautiful environment for all, with the continued support of the student community. Ms. Hyma. K. M and Ms. Christy Jose, Assistant Professors, Department of Social Work, St. Mary's College, Thrissur has participated in the training programme. The session was inaugurated by V.Vigneswari IAS, Director of Collegiate Education, Kerala.



Online talk on Psycho social approach in Trauma Care

Department of Social Work, St. Mary's College, Thrissur and Rajagiri College of Social Sciences, Kalamassery jointly organized a talk on 'Psycho social approach in Trauma Care' 20th February 2023, Tuesday at 5.30 pm to 7.30 pm. The resource person of the session was Dr. Smijo Sebastian, Vice Chairman, ATHMA, My Mind My Care. First year BSW students of RCSS, Kalamassery and selected BSW students of St. Mary's College, Thrissur were participated in the online talk. Dr. Nycil Romis Thomas, Assistant Professor, Programme Co-ordinator, BSW programme, RCSS, Kalamassery and Ms. Stephy Francis, HOD, Department of Social Work, St. Mary's College, Thrissur and other faculties attended the same.



MARCH 2023

Observation of International Women's Day

As part of International women's day Department of Social Work in collaboration with Kunnamkulam Municipality organized a programme on 'Inspiring Women Personalities' on 8th March 2023 at Kunnamkulam. The programme was inaugurated by Smt. Seetha Ravindran, Chairperson, Kunnamkulam Municipality. The meeting honoured four women personalities – Smt.Ammuni, Meat cutter, Smt. Vidya Jayaraj, Writer, Dr. Jetsy Paul, Palliative care volunteer and Smt.Sindhu, Writer. The students were actively participated and volunteered the programme.



Observation of World Social Work Day

As part of World Social Work Day, Department of Social Work in collaboration with KAPS –Thrissur Chapter organized activities at National Institute of Physical Medicine and Rehabilitation (NIPMR), Kallettumkara on 21st March 2023 at 9.30 am to 3.00 pm with a theme “Respecting Diversity through Joint Social Action” by IFSW. The Programme was inaugurated by Sri. C Chandrababu, Executive Director, NIPMR and the session was handled by Dr. Anish K R, Assistant Professor, Rajagiri College of Social Sciences, Kochi on the topic ‘Respecting Diversity in Social Work Practice’.



Awareness class on Protection of Women from Domestic Violence Act- 2005

Department of Social Work in collaboration with Department of Women and Child Development, Thrissur organized an awareness class on Protection of Women from Domestic Violence Act, 2005 on 27th March 2023 at 10:30 am on Chavara Hall. The students of second year BSW and Applied Biotechnology participated in the programme. The session was handled by Adv. Biji. R, Legal Counselor. The session was very interactive with case examples.

