



St. Mary's College, Thrissur-680020

2022-23

Annual Elder Marian meeting was conducted on 26.01.2022 at 10.00 am and Department alumnae meetings were conducted by various Departments on various days. Alumnae contributed financially towards Scholarships

Alumina Motivational Talk by Department of Vocational Studies

Department of Vocational Studies (B.Voc Software Development), St. Mary's College, Thrissur conducted an Alumina Motivational Talk in connection with Career guidance talk on "Placement Opportunities". The session was handled by Ms. Varsha TR (HR Associate, Tata Consultancy Services (TCS), Kochi.) on 4th July 2022. Our 5th Semester students were the participants.

Eye Camp at High Security Prison, Viyyur

Elder Marian Association organized a free eye camp for the inmates of High Security Prison, Central Prison & Correctional Home, Viyyur on 06.07.2022 in collaboration with Malabar Eye Hospital, Thrissur. More than 40 underwent eye checkup and 24 were found to have issues related to eye vision. Elder Marian Association also contributed an Aquarium to the Prison. A camp was also conducted during 20.07.2022 for the remaining inmates and 27 inmates underwent check up on that day. The camp included free consultation and financial support will be given to buy specs to those who need it.

Alumnae Talk series by Department of Biotechnology

Department of Biotechnology introduced a new program “Alumnae Talk series” during the academic year 2022-2023. Every month interactive sessions with alumni were planned. Alumni of the department, Anjali P (2016-2019 Batch), Sriya V B (2018-2021 Batch) and Vinnie V G (2018-2021 Batch) talked on “Access to Learning Opportunities all over universities in Kerala” and Second and third DC students.

Alumnae Lecture Series by Department of English

The Department of English conducted an Alumnae Lecture titled ‘Introduction to Scholarly Writing’ by Madhurima Nair on 15th July 2022 at 10 a.m. She was an excellent figure during her phase at St. Mary’s College during 2018 to 2021. Madhurima shared her college experiences and challenges of being a responsible Literature student.

Talk on Effective Parenting

Elder Marian Association organized an Invited talk on ‘Effective Parenting’ by Dr. Sailaja Ramkumar, Psychiatrist, Atreya hospital and Westfort Hitech Hospital, Thrissur on 23.07.2022 at 10.00 am at Chavara Hall for III DC parents.

Eye Camp for II DC Students at college

Considering the long periods of screen time that students had spent due to the covid pandemic and online class mode of education that might have adversely affected eye health, Elder Marian Association decided to provide free eye camp for our students.

Elder Marian Association organized a free eye camp for II DC Students of St.Mary’s College on 10.08.2022 in collaboration with Malabar Eye Hospital, Thrissur. More than 375 students underwent eye checkup and 106 were found to have issues related to eye vision and were directed for further detailed consultation at Malabar Eye Hospital. The camp included free consultation and treatment if needed.

Alumnae Talks by Department of Biotechnology

Talk by Dr Tina K J (2007-2010 Batch), Central Food Safety Officer FSSAI Bangalore, on the topic “Biotechnologists and Industry” was arranged on 28 August 2022. All UG and PG students attended the programme.

Participation in Marian Monsoon Fest

Elder Marian Association actively participated in the Marian Monsoon Fest. A Healthy fresh juice stall and a stall for pickle/jam preparations of Jathikka were kept.

Alumnae Talks by Department of Biotechnology

Dr Reshma V G (2008 -2011 Batch) and Smt Merin Johnson (2011 -2013 batch) gave class on Competitive Exam guidance /Fellowships on 22.09.2022. First and Second PG students attended.

Talk on Entrepreneur Matchmaking

Elder Marian Association organized a talk on Entrepreneur Matchmaking by Ms. Roopa George (Alumni pre degree 1996 batch) in collaboration with ED club, St.Mary’s College for BBA, B.Com and Economics students on 14.10.2022.

Alumni Talks by Department of Biotechnology

Smt Anjali Anto M (2007 PG Batch), Quality control chemist Azelis N Z Ltd, Auckland, New Zealand discussed with students in an online session about overseas career opportunities on 24th October 2022.

All Kerala Inter Collegiate Quiz Competition by alumnae of the Department of Mathematics

The alumnae of the Department of Mathematics (B.Sc. 1996 Batch) sponsored an All Kerala Inter Collegiate Mathematics Quiz Competition organized by the Department on 15th October, 2022. Dr. Bobby P Mathew, Assistant Professor, St. Thomas College, Pala was the quiz master. There were 12 teams from different colleges.

Alumnae Lecture Series by Department of English

The Department of English conducted an Alumnae Lecture titled The Journey of a Literature Student by Aparna CJ on 25th October, 2022. The lecture was presided by Ms. Aparna CJ, former chairperson of the college union and she studied during 2019 to 2022. Aparna shared her college experiences and challenges of being a responsible Chairperson in the Union.

Alumni Talk Series by Department of Psychology

An Alumni talk series was organized by the Department of Psychology, St Mary's College, Thrissur on the topic "Higher Studies in Specialized Areas of Psychology" on 27 October 2022. The session was led by Ms. Lakshmi C. K., M.Phil. student at National Forensic Sciences University, Gujarat. The talk was attended by both 1st and 2nd PG Psychology students.

Demonstration class on Tissue culture techniques and explant inoculation

Demonstration class on Tissue culture techniques and explant inoculation was conducted for MSc Botany students on 31 st October 2022 by the Department of Botany. The class was demonstrated by the Alumnae of the Department, Athira Krishnan (Batch- 2014-2016).

Alumnae talks by Department of Biotechnology

Lakshmi Jayprakash and Haritha V P (2017-2020 batch) Studying at University of Greenwich London handled an online session on 'Study Abroad: its processing and benefits' on 5th November 2022.

Visit to Old Age home, Ramavarmapuram, Thrissur

Elder Marians Association organized a one-day visit to Govt. Old Age Home at Ramavarmapuram, Thrissur on 24.11.2022 along with a few students of II BSc

Microbiology. The day was well spent with the old age home inmates with dance and music. Elder Marians Association contributed an amount of Rs. 10, 846.00 to the old age home towards their dress purchase.

Inauguration of UAE chapter of Elder Marian Association

On 11.12.2022, the first international chapter of Elder Marian Association, the UAE chapter was inaugurated by Principal, Dr. Sr. Magie Jose during an online meeting conducted through google meet.

Lecture on Human Rights

Department of Economics Organized a Lecture on Human Rights by Ms Riji K S, MA, BEd, SET (BA Economics 2009-12) Faculty, GHSS, Udhuma, Kasargod on 16.12.2022. The session was arranged for IV Sem BA Economics students.

Luminary Marian Award Ceremony 2022

Luminary Marian Award is instituted by Elder Marian Association, St. Mary's College, Thrissur to a prominent Elder Marian for contributions in the field of Academics, Culture, Art, Literature, Social Welfare or Entrepreneurship. Toppers Day and Luminary Marian Award Ceremony 2022 was held on 17th December 2022. The Luminary Marian Award was presented to Mrs. Jolly Joy Alukkas, Director, Joy Alukkas Foundation) Corporate Social Responsibility (CSR) division of Joy Alukkas Group) by Sri. K Rajan (Minister for Land Revenue, Survey and Land Records, Land Reforms, Housing, Government of Kerala.

Alumnae talks by Department of Biotechnology

Ms Anna Mariya P R (2019 -2022 UG Batch) doing MSc Biotechnology in Pondicherry University and Ms K B Anjali (2019-2022 UG Batch) doing MSC Genomic Science in Central University of Kerala shared their exam preparation tips, how and which competitive exams to apply, etc on 17.12.2022.

GEM of St. Mary's Competition 2022-23

GEM of St. Mary's Competition was organized by the Elder Marian Association. Off stage certificate verification and Personal interview were done on 05.12.2022 among the passing out students of UG and PG batches of our college and the 9 selected contestants were screened through the on stage round conducted on 20.12.2022. The programme was arranged in Marian Auditorium and all II and III UG and I and II PG students were the audience. The competition was judged by Dr. Josepheni Joseph, Ms. Krishna and Dr. Joysy James. GEM of St. Mary's title was won by Rosemary KC, II PG Biology, First Runner up was Drishya P, II PG Chemistry and Second Runner up was Shikhila Sivadas, II PG Mathematics.

Lecture On Posner's Technological Gap and Product Cycle Theory

Department of Economics Organised a Lecture on Posner's Technological Gap and Product Cycle Theory by Dr Flowarin A D, Assistant Professor, College of Cooperation, Banking and Management, KAU, Thrissur on 11.01.2023 at 2pm through Google Meet. The programme was viewed by students together in Smart TV and presentations were followed by online discussions.

Session On Sri Lankan Crisis

Department of Economics organised a Lecture on Sri Lankan Crisis by Ms Anjumol Andrews, MA, BEd, SET (BA Economics 2015-18) Faculty, Sacred Heart Convent GHSS, Thrissur on 18.01.2023. The session was arranged for VI Sem BA Economics students.

My Journey: Career Path Sharing Series by Department of Microbiology

Department of Microbiology in collaboration with the Microbiology Alumni Association initiated a program –“ My Journey: Career Path Sharing Series”. It's a joint venture to motivate and guide students of the Microbiology Department through interaction with Eminent Scientists, Academicians, Researchers, and Entrepreneurs in Microbiology and related fields. The program was officially inaugurated by Dr. Valsa A K, Associate

Professor & HoD (Retd), Department of Microbiology, Sree Sankara College, Kalady, on 10th January 2023. Dr. Valsa also delivered a session on “My journey- From a student to Professor”.

Annual Alumni Meet

The annual alumni meeting was organized on 26.01.2023. The event was a grand one with more than 100 participants. Alumni with achievements in various fields were honored during the occasion. Winners of the GEM of St Mary’s Contest shared their experience and the cover page design competition winner was given prize. Annual report was read by Secretary Ms. Mary Hemalatha and the account was read by Treasurer, Dr. Sr. Santra. Reverie release was done by Principal to the eldest alumni Member Mrs. Annam Baby John. Executive election for next year was held.

Alumnae Talks by Department of Biotechnology

Adv. Kalyani (2001-2004 Batch Bsc Biotechnology) and Athira Vipin, West Fort institute of Paramedical science, Thrissur (2007- 2010 BATCH) shared their experience in career switching on 26.01.2023.

Donation of Books to High Security Prison, Viyyur

Elder Marian Association contributed more than 300 books to High Security Prison, Viyyur on 27.01.2023.

Session on Monetary Policy and Economic Stabilization

Department of Economics organised a Lecture on Monetary Policy For Economic stabilization by Ms Supriya M, MA, BEd, Faculty, Sakthan Thampuran College, Thrissur on 31.01.2023. The session was arranged for VI Sem BA Economics students.

Talk on Women’s Health Nation's Wealth

The Elder Marian Association conducted a talk on the topic Women's Health Nation's Wealth on 08.02.2023 by Dr. Roni Ignatious for all the IDC students. The talk includes informative topics like problems facing menstrual cycles, health issues regarding the menopause, hormonal changes during puberty.

Alumnae Talks by Department of Biotechnology

Department of Biotechnology arranged the online alumni session on 11.02.2023. Bhuvana A R, analyst ICCW Chennai and Sona Jacob, Mariya Joy Krishnaprabha T S discussed specialization /internship /Career opportunities.

Alumni Interaction Session by Department of History

The Department of History organized an Alumni Interaction Session on 22/02/2023. Smt Jinsy S R, Asst. Professor, Christ College, Irinjalakuda. She shared her nostalgic and exciting experiences in college.

Tailoring Class for parents and local community

The Elder Marian Association conducted a free tailoring class session for parents and local community. 25 aspirants enrolled and Ms Princy, tailoring teacher incharge provided classes. The class was 3 hours per day for 10 days. Training on stitching of saree blouses and churidar was given.

Alumni motivation talk by Department of Commerce

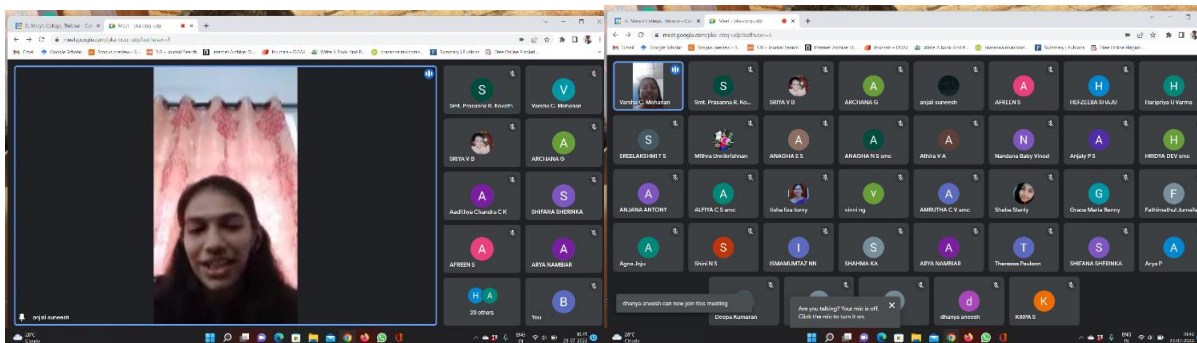
The department of Commerce conducted an alumni motivation talk on 24th March 2023 at 2.00 PM. The guest speaker was Ms. Irene Sunny, alumnae, M. Com 2020-22 batch. She motivated the students to have long term career goals and to work towards those goals from the student life itself. She explained to them the difference between professional life and student life and how to adapt through those differences by sharing her personal experiences. M.com students were the participants.



Alumina Motivational Talk by Department of Vocational Studies



Eye Camp at High Security Prison, Viyyur



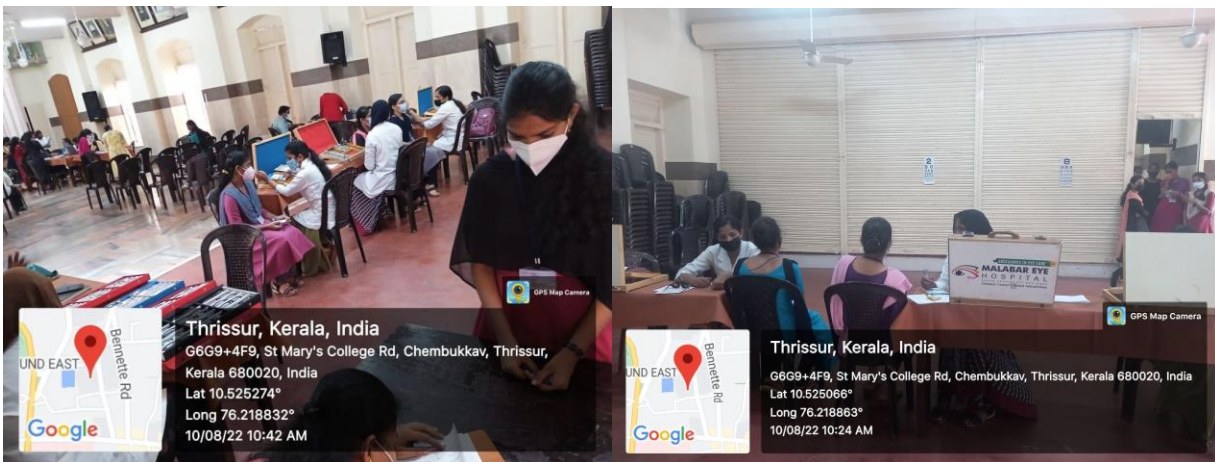
Alumnae Talk by Department of Biotechnology



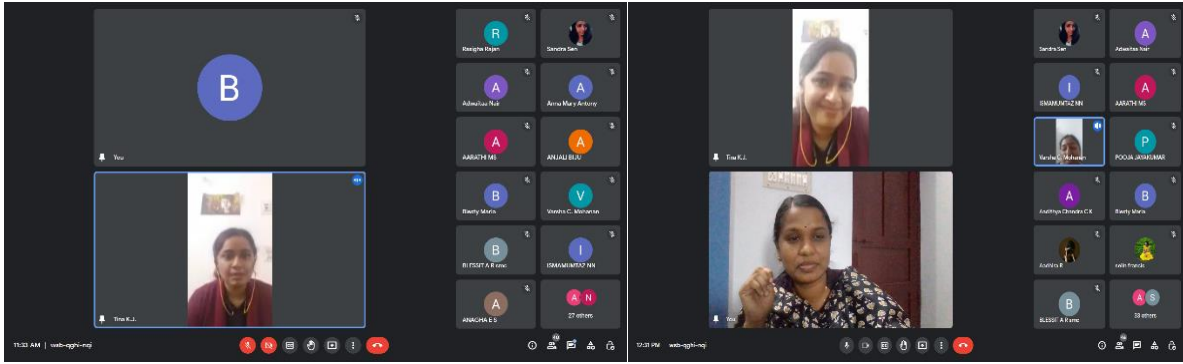
Alumnae Lecture Series by Department of English



Talk on Effective Parenting



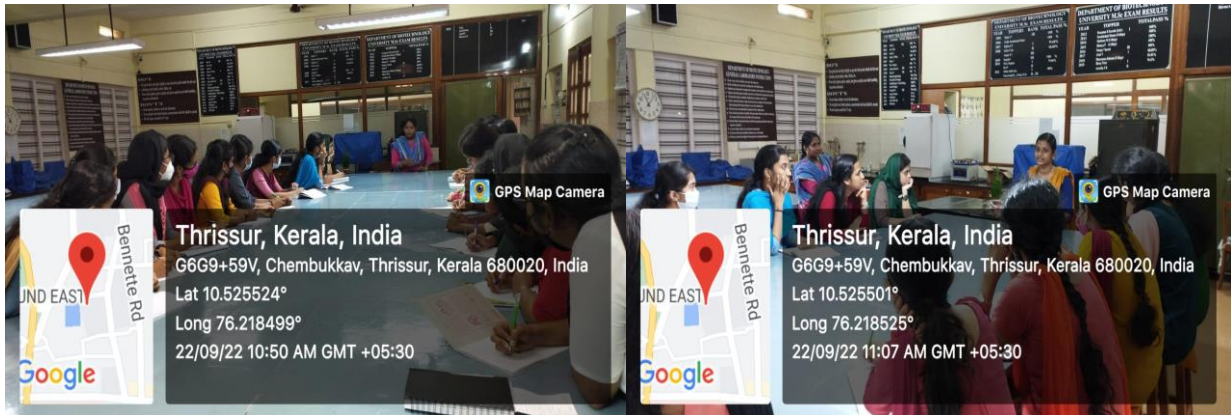
Eye Camp for II DC Students at college



Alumnae Talks by Department of Biotechnology




Participation in Marian Monsoon Fest



Alumnae Talks by Department of Biotechnology




All Kerala Inter Collegiate Quiz Competition by alumnae of the Department of Mathematics

 **ED Club & Elder Marian Association**
St. Mary's College, Thrissur – 680020

Talk on
Entrepreneur Matchmaking
By
Ms. Roopa George

Date: 14.10.2022 **Time: 12.30 pm**
Venue: St. Joseph's AC Seminar Hall
All are cordially invited



Talk on Entrepreneur Matchmaking



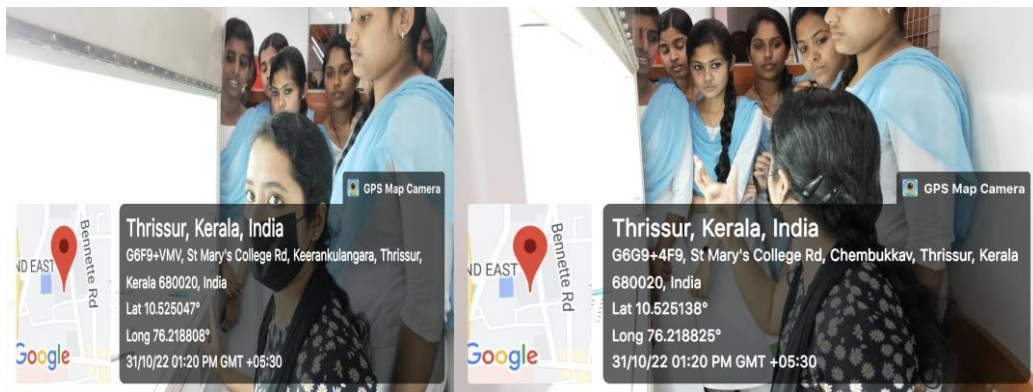
Alumni Talks by Department of Biotechnology



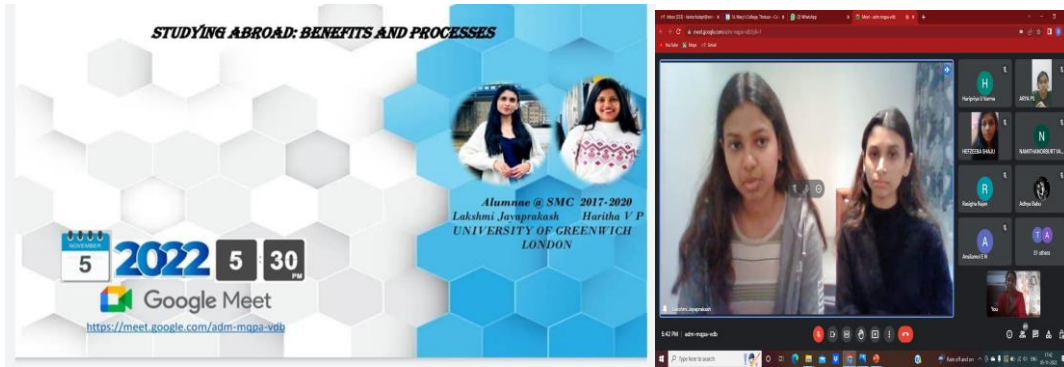
Alumnae Lecture Series by Department of English



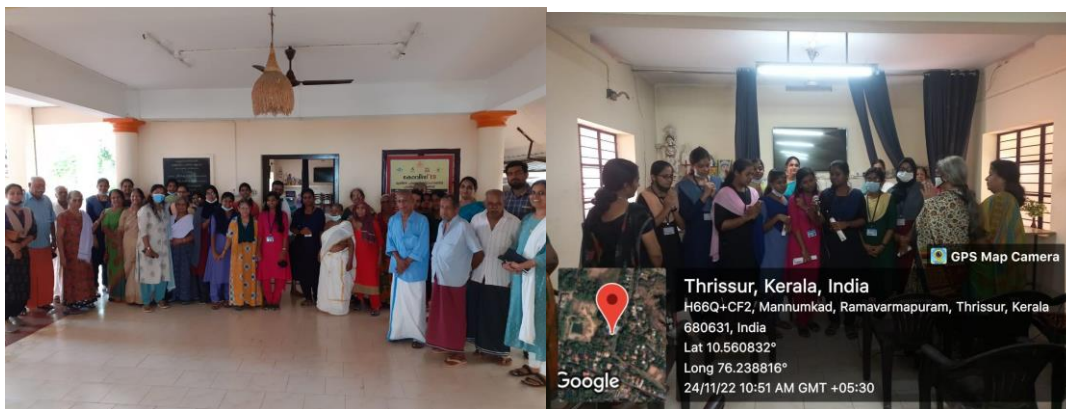
Alumni Talk Series by Department of Psychology



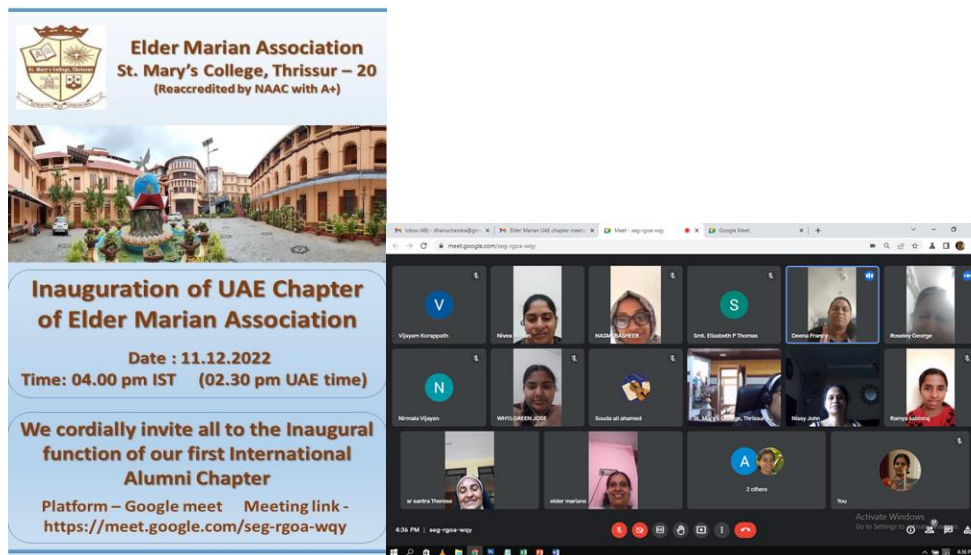
Demonstration class on Tissue culture techniques and explant inoculation



Alumnae talks by Department of Biotechnology



Visit to Old Age home, Ramavarmapuram, Thrissur



Inauguration of UAE chapter of Elder Marian Association

ST. MARY'S COLLEGE, THRISSUR-20
ECONOMICS ASSOCIATION & PLANNING FORUM

Organises Session on
Human Rights
 By
Ms Riji K S, (BA Economics 2009-12), Faculty, Govt H.S.S., Udhuma, Kasargod
 on
16-12-2022 @11am in Room No 709

Principal Dr Dr Magie Jose	HOD Dr Julie P Lazar	Faculty Coordinator Ms Hema C M	Student Coordinator Lina V Mathew
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Lecture on Human Rights

Toppers Day & Luminary Marian Award Ceremony 2022

St. Mary's College, Thrissur
 Affiliated to the University of Calicut, Re-accredited by NAAC with "A+" Grade

Chief Guest : Sri. K Rajan
 (Minister for Land Revenue, Survey and Land Records, Land Reforms, Housing, Government of Kerala)

Luminary Marian Award 2022
Mrs. Jolly Joy Alukkas

Luminary Marian Award is instituted by Elder Marian Association, St. Mary's College, Thrissur to a prominent Elder Marian for contributions in field of Academics, Culture, Art, Literature, Social Welfare or Entrepreneurship.

Cordially inviting you on 16.12.2022, 11:30 am @ Jubilee Hall to felicitate the achievers
 Dr. Sr. Magie Jose (Principal)



Luminary Marian Award Ceremony 2022

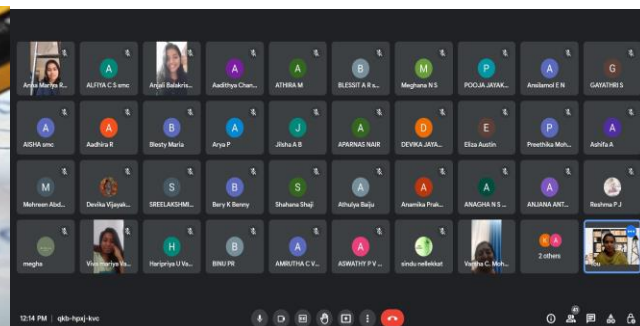
WHICH Exams should you prepare for HOW & WHY ???

Experience Sharing Session

BSc Biotechnology (2019 - 2022 Batch)
 Ms. Anna Mariya P R
 GAT B 2022, (qualified)
 MSc Biotechnology
 Pondicherry University

Ms. K B Anjali
 JAM 2022, (qualified)
 MSc Genomic Science
 Central University of Kerala

Saturday, 17 December 2022, 11:30am - 12:30pm
<https://meet.google.com/qkb-hpxj-kxvc>



Alumnae talks by Department of Biotechnology



GEM of St. Mary's Competition 2022-23

ST. MARY'S COLLEGE, THRISSUR-20
ECONOMICS ASSOCIATION & PLANNING FORUM

Organises Session on
 Posner's Technological Gap and Product Cycle Theory
 By
 Dr. Flowerin A D, (BA Economics 2004-07) Assistant Professor, College of
 Cooperation, Banking and Management, KAU, Thrissur
 on
 11-1-2023 @2pm through Google Meet

<i>Principal</i>	<i>HOD</i>	<i>Faculty Coordinator</i>	<i>Student Coordinator</i>
Sr Dr Magie Jose	Dr Julie P Lazar	Ms Nimithe K T	Monisha P M



Lecture On Posner's Technological Gap and Product Cycle Theory

ST. MARY'S COLLEGE, THRISSUR-20
ECONOMICS ASSOCIATION & PLANNING FORUM

Organises a session on
 Sri Lankan Crisis
 By
 Ms Anjumol Andrews, MA, BEd, SET
 HOST on Contract, Sacred Heart Higher Secondary School, Thrissur
 18 December 2022
 @9 am in Room No 710

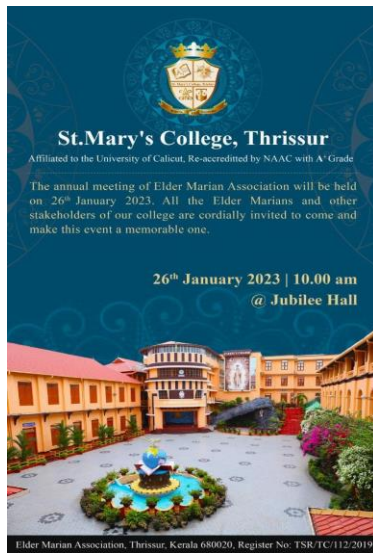
<i>Principal</i>	<i>HOD and Staff Coordinator</i>	<i>Student Coordinator</i>
Sr Dr Magie Jose	Dr Julie P Lazar	Ranjana Ravindran



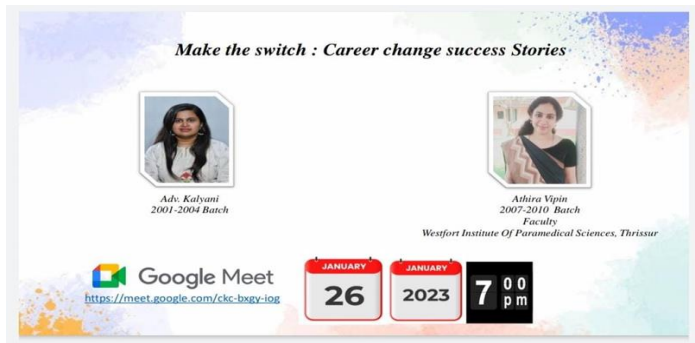
Session On Sri Lankan Crisis



My Journey: Career Path Sharing Series by Department of Microbiology



Annual Alumni Meet



Alumnae Talks by Department of Biotechnology



Donation of Books to High Security Prison, Viiyur



Session on Monetary Policy and Economic Stabilization



Talk on Women's Health Nation's Wealth



Alumnae Talks by Department of Biotechnology



Alumni Interaction Session by Department of History



Tailoring Class for parents and local community

ST.MARY'S COLLEGE,THRISSUR
Re-accredited with NAAC A+ Grade
PG DEPARTMENT OF COMMERCE

ALUMNI MOTIVATION TALK



IRENE SUNNY
M.COM 2020-22
BATCH

24TH MARCH,2023
AT 2PM

DR.SR.MAGIE JOSE
PRINCIPAL

MS.JINU JOSY
HEAD OF THE DEPARTMENT

RUCHI MEHTA
FACULTY CO-ORDINATOR

MS.VISHNUPRIYA K.R
STUDENT CO-ORDINATOR



Alumni motivation talk by Department of Commerce